

NexStar Journeys

Winter Solstice Peru Itinerary - 15 days

12th June - 26th June 2025

I am very excited to share this itinerary with you.

You are about to embark on a truly life changing and transformational journey, visiting some of the most spiritually energetic places in South America. Connecting with the beautiful Peruvian people, the Mountain Masters, Guardians, Keepers and the Ancestors, connecting with your own Inner Wisdom and awakening in deep remembrance in this truly ancient place; Peru - the hara chakra and the backbone of the world.

During your time in Peru, you will experience ancient ceremonies to honour your journey and the beloved Earth Mother. Sit in deep meditation and learn about the historic and spiritual significance of the beautiful places we visit. We will stand at Machu Picchu for the Winter Solstice as the first rays of sun peek over the mountain tops. This is a journey of profound connection with your Inner Light and the 7 Levels of Wisdom & Awakening held within the light language cards, the Codes of Transition, through beautiful guided Meditations at 7 of the sacred sites we visit. This is a journey of the deepest transformation and healing!

Do you feel the deep heart calling to join me for this "once in a life-time" spiritual tour to Peru ?

Day one – Thursday 12/06/2025: Cusco

Airport transfer to the hotel

With the warmest welcome at the airport, you will be transferred to our hotel in Cusco.

Cusco, the center of the universe and city of the Puma. It is recommended to rest at least two hours before doing any activity or exploring, to assist with any altitude sensitivities.

The rest of the day is free to connect with the beautiful ancient Incan city.

In the early evening there will be a group meeting, to talk about the great awakening of our spiritual consciousness planned for this trip, followed by a group dinner at one of the local restaurants in the main Plaza.

Hotel: to be confirmed closer to tour dates



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Day two – Friday 13/06/2025: Cusco - Mauka Llaqta

Half Day activity

After an early breakfast at the hotel, we have a 2-hour bus ride to Mauka Llaqta at 3397 m.

Here we open the space for the journey of healing and transformation our Higher Self. It is time to invite the masters, divinities, and sacred entities to participate in our spiritual healing and energetic transformation with a ceremony of activation for our intentions and purpose on this most sacred journey.

After this deep connection, we return to the city of Cusco to enjoy a well-deserved rest.

Afternoon is free to explore the incredible city of Cusco.



Day three – Saturday 14/06/2025: Cusco - Temples of the Great Puma & Lightning

Half day activity

After an early breakfast at the hotel, our bus will take us to Q'enqo - Temple of the Puma.

It is the center of great awakening as we connect to our intelligent inner Puma. Manuel will share the historical and spiritual significance of the site before we hold a ceremony for our spiritual awakening.

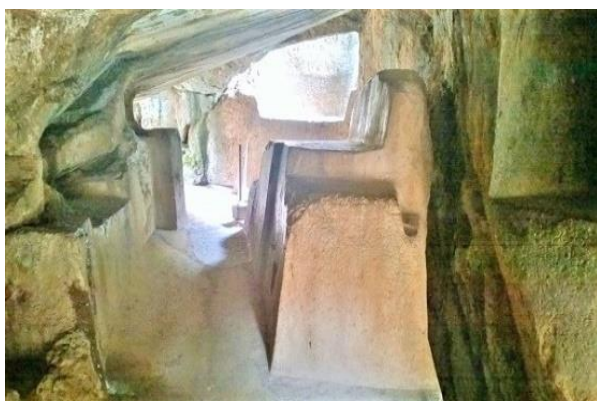
A short walk will take us to Sacsayhuaman - Temple of Lightning. Here we will discover the historical and spiritual significance of this beautiful site.

Our journey begins today with the 7 Levels of the Codes of Transition.

Working with the 1st Level: Forgiveness, Love and Peace, participating in a meditation to connect us deeply with the Codes and Sacsayhuaman.

We will walk back into Cusco along the ancient Incan paths, enjoying breathtaking views over the city.

Afternoon is free to explore the city.



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Day four – Sunday 15/06/2025: Cusco - Temple of Water in Tipon
Half Day Activity

After an early breakfast, the bus will take us to Tipon – Temple of Water. A center of great spiritual healing and deep ancestral memories. Manuel will share the significant historical and spiritual information about Tipon while we enjoy the incredible views over the valley.

Today we will be working with the 2nd Level within the Codes of Transition: with the cards Nurture, Inner Knowing and Radiance, incorporated in a deep meditation.

The walk back to the bus will show case the incredible pre-Inca engineering of Tipon.

We will participate in a powerful water ceremony, connecting us with our ancestral memories.

Afternoon is free to explore the city of Cusco.



Day five – Monday 16/06/2025: Cusco - Temple of the Ancestors & Fire in Pisac
Full Day Activity

We have an early start taking the bus to Pisac – Temple of the Ancestors and Temple of Fire. High in the mountains above the town of Pisac, in the Sacred Valley sits beautiful Pisac, full of history and the tombs of the Ancestors. Here we will discover the history and spiritual significance while walking around the ancient site.

Today we will be working deeply with Level 3 and the Codes; Surrender, Wisdom, and Awakening

We will also participant in a transformational Fire Ceremony releasing all that no longer serves us.

Returning to Cusco mid to late afternoon.



Day six – Tuesday 17/06/2025: Urubamba - Patabamba, Huchuy Qosqo & Lamay
Full day activity

With another very early start this morning, we will drive to the town of Patabamba, high in the mountains overlooking the Sacred Valley. Here we will begin our walk up through the mountains and down into the Lion Canyon on our way to Huchuy Qosqo. This is a deeply spiritual 12 km walk, (mostly downhill through the Canyon) as we connect with our Higher Self, the Ancestors and Guardians as we heal and expand our Inner Being. Passing through the Gate of Divine Light and into Huchuy Qosqo. Today we will be blessed with a beautiful dispatcho ceremony of Activation and Wisdom with an Andean Shaman, in honor, gratitude and thanks for all we are receiving from Pachamama on our journey of Awakening our Wisdom.

Working with the Master Codes; Faith, Dreams and Unity in a deep silent meditation, as we walk through the Canyon. Leaving Huchuy Qosqo driving through the town of Lamay and on to Urubamba where we will spend the night. Hotel: To be confirmed



Day seven - Wednesday 18/06/2025: Rest Day in Urubamba

A well-deserved rest day to integrate all you have received and to enjoy the beautiful hotel and gardens.



Day eight - Thursday 19/06/2025 Agua Calientes - Temple of Mother Earth, Moray Full Day Activity

Early breakfast at the hotel, followed by a one-hour bus trip to Moray - Temple of Mother Earth. A deeply energetic and spiritual site, here we will receive a spiritual and historical explanation. Followed by a ceremony to connect us to the ancient wisdom and womb of the Earth Mother.

Working today with Level 5 and the Codes: Faith, Forgiveness, Surrender and Nurture, with a channeled Meditation.

In the afternoon we board the train to Aguas Calientes. A beautiful journey as the train travels beside the river, through the mountains and into the tropical rainforest before arriving at the town of Aguas Calientes, where we will spend the next few nights. The evening is free to explore or maybe visit the hot pools.

Hotel: to be confirmed closer to tour dates



Day nine – Friday 20/06/2025: Aguas Calientes - Machu Picchu, Temple of the Condor Half day activity

A very early morning start, catching the bus to travel to Machu Picchu - Temple of the Serpent, Condor and Puma. Manuel will share the historical, energetic and spiritual explanation about Machu Picchu as we begin our tour of this truly incredible place. There will be plenty of time to take iconic photos overlooking the terraced site and Huaynapicchu Mountain.

Here we will begin working with the 6th Level of the Codes; Love, Unity, Awakening and Inner Knowing with a guided Meditation, along the terraces overlooking the Mountain Masters.

We will spend some time exploring the energy centers and Temples of this truly majestic site, connecting to the conscious vibrations of divine and universal information left by the great Incan civilization.

Catching the bus back to Aguas Calientes in time for lunch.

The afternoon is free to explore or maybe visit the hot pools.



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Day ten – Saturday 21/06/2025: Ollantaytambo - Machu Picchu, Temple of the Sun
Full day activity – Winter Solstice

Another very early start to meet the bus to Machu Picchu – Temple of the Serpent, Condor and Puma. Here we will receive the blessings from the first rays of the sun as it touches Machu Picchu on the Winter Solstice. Manuel will share more historical, energetic and spiritual explanations about Machu Picchu as we continue our tour of this truly incredible place.

In the afternoon we will board the train back to Ollantaytambo, staying the night in this gorgeous little town.

Hotel: to be confirmed closer to tour dates.



Day Eleven – Sunday 22/06/2025: Cusco - Temple of Transformation at Ollantaytambo
Full day activity

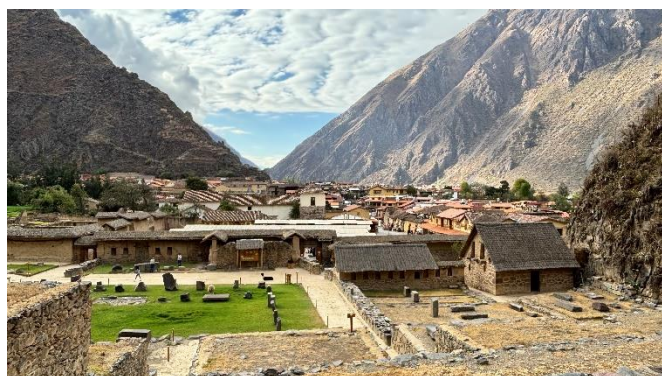
Early breakfast at the hotel, then a short walk to Ollanta - Temple of the Wind and Transformation.

We will receive the spiritual and mystical explanation about the mountains and this ancient pre-Incan site.

Standing at the top of Ollantaytambo in front of the great Mountain Masters, in the divine wind gate, we will receive a deep healing.

Lunch in Ollantaytambo and then we will return to Cusco for our final night in the ancient Incan Capital.

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Day twelve – Monday 23/06/2025: Cusco to Puno

Full day activity

Early breakfast at the hotel, we are then transferred to the bus terminal for a 6 to 7-hour trip on a comfortable tourist bus, stopping at 3 different sites including; Wiracocha Raqchi Temple, The Sistine Chapel of the Americas and enjoying a buffet lunch along the way. Landscapes, mountains, glaciers and agricultural plantations are some of the incredible sights we will see as we climb to 4400m, the highest point of our trip. The scenery then changes as we enter the geographical area of the altiplano, a very dry and arid region. Reaching Puno; the folklore capital of Peru, located 3800m above sea level. Here the bus terminates and we continue on a private bus to our hotel.

The rest of the afternoon and evening is free to explore and acclimatize to Puno.

Hotel: to be confirmed closer to tour dates



Day thirteen – Tuesday 24/06/2025: Puno – Uros, Floating Island & Taquile Island

Full day activity

After breakfast at the hotel, we will be transferred to the Port of Puno. We will spend the morning on Lake Titicaca, visiting one of the amazing floating Islands of Uros. We will experience what life is like living on the floating islands of Lake Titicaca, how their homes are constructed and their customs.

We then travel to the Island of Taquile, meeting the descendant of the Quechuas and experiencing Island life and a delicious lunch.

Here we will begin working with the 7th Level of the Codes and the cards; Radiance, Dreams, Wisdom and Peace with our final guided Meditation.

A walk to the boat and a leisurely trip back to Puno and our hotel, with the evening free to relax.



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Day fourteen – Wednesday 25/06/2025: Puno - Amaru Muru

Half day activity

Our last full day is an early start, as we travel around Lake Titicaca; the great astronomical mirror of the Earth, on our way to the Gate of the Gods; Aramu Muru. Manuel will share the spiritual and historical explanation of Amaru Muru before our Shaman performs a Quintu ceremony in deepest gratitude for all we have received on this deeply spiritual transformational journey.

This is an incredibly important spiritual place and a significant moment on our spiritual journey, as we connect to the energetic three-dimensional doorway.

We then travel back to Puno, with the afternoon free to explore the city.

Our final evening finishes with a beautiful dinner and show of traditional Peruvian regional dancing.



Day fifteen – Thursday 26/06/2025: Puno

Airport Transfer

After breakfast, we will be transferred from our hotel in Puno to the airport in Juliaca, for our flights to Lima and onwards.



I have travelled with Manuel on all my previous trips to Peru, he is an incredibly knowledgeable guide, both historically and spiritually. As an energetic healer, he is deeply connected to ancestral principles, Pachamama (the Earth) and to the truth of the cosmos, bringing that incredible connection through everything he does and teaches. It is truly an honour and blessing that he will be our spiritual guide for our journey to Peru.

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Winter Solstice



15-Day Spiritual Tour in Peru

12th - 26th June 2025

US\$3699 per person, twin share

- all tours booked in Peru are based on US dollars, if paying in instalments a final payment figure will be calculated with last payment and will be based on current US\$ exchange rates.
- price based on minimum 6 people.

*If this journey resonates AUD\$1000 or US\$650 deposit will hold your place.
Single Room Supplement also available.*

Please Note: This is an indicative 2024 price and may be subject to last minute changes including the payment in US currency. The itinerary may also be subject to change, due to unforeseen circumstances

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What's included in the Tour

- Guided Meditations using the Codes of Transition - the 7 Levels
- Spiritual guidance and teaching fees - Kateea
- Codes of Transition - Light Language Cards
- Crystals, Guidebook, 2 Sacred Sprays for Conscious Living (Shaman & Peace)
- Professional Recorded Meditations - emailed at the end of the Tour
- Spiritual, Historical and Energetic guide for visits to all sacred sites - Manuel
- Spiritual ceremonies including: Fire, Water and Pachamama
- Transfer from the airport in Cusco to the hotel
- Transfer from hotel in Puno to airport in Juliaca
- Return transfer from Cusco to the train station at Ollantaytambo
- Transfer from Cusco to the bus station for bus service to Puno
- Transportation to visit the sacred places of Cusco, Sacred Valley and Puno
- Transportation on boat to and from Uros and Taquile Islands on Lake Titicaca
- Transportation in shared tourist bus service from Cusco to Puno
- Admission tickets to visit the spiritual temples in Cusco, Sacred Valley and Puno
- Admission tickets to visit Machu Picchu
- Return train tickets from Ollantaytambo to Aguas Calientes - Machu Picchu
- Return bus tickets to the site of Machu Picchu
- A Shaman or Andean Priest beautiful Dispatcho and Quintu ceremonies + meditation
- 6-nights hotel in Cusco
- 2-night Urubamba
- 2-nights hotel in Aguas Calientes
- 1-night in Ollantaytambo
- 3-nights hotel in Puno
- Breakfast each morning (except on the days we go to Machu Picchu)
- Farewell Dinner and Traditional Peruvian Dancing Show (drinks not included)

What's not included in the Tour

- Return flights to the Tour meeting point and departure points - Tour starts in Cusco and finishes in Juliaca, near Puno
- All other costs incurred before the start of the Tour in Cusco on 13th June and after departure point in Juliaca on 26th June
- Travel insurance or any other insurance personal to you
- Passport and visa costs
- Vaccinations and medication, before, during and after the Tour
- All food that is not mentioned in the travel itinerary - i.e. Lunch, Dinner and all snacks
- Gratitude tips - given to all guides, drivers and shaman etc
(US\$100 is requested at the beginning of the Tour to cover all tips during the Tour)
- Anything that is not indicated on the itinerary

Deposits and Full Payment can be made directly to:

Bendigo Bank
NexStar Travels
BSB: 633 000
Account: 171 907 793

Payment plans welcome - contact me to discuss the best option for you.

Wise - International Transfers *Pay directly in US\$ (contact me for payment details)

Wetravel - also available contact me for payment details

Peru is held so very deeply in my heart
and it will be an honour to share this
incredible spiritual journey with you.

May you Awaken the Wisdom within the light of your Divinity.



*Please note the itinerary is always subject to last minute changes, due to unforeseen circumstances

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